



Grow Your Own Garlic

Garlic can be planted in Autumn and will add great flavour to any dish when they are ready to be harvested (late spring, early summer).

Resources:

- Shop bought garlic bulb
- Plant pot (at least 25cm deep)
- Potting soil

Step-by-step guide:

1. Take a shop bought bulb and separate into individual cloves
2. Find a pot that children can help to decorate
3. Plant the cloves with the pointy end up and cover them with a couple of inches of soil
4. Feed your plant with some water
5. Watch them grow over winter and spring and they will be ready to enjoy in late spring, early summer
6. You will know they are ready to harvest when the leaves start to turn yellow
7. Carefully dig up the bulbs with a fork

Top Tip: leave your garlic pot outside in the winter. Place the pot in a sunny, sheltered spot outside. Garlic requires a winter chill to develop properly, so there is no need to bring it indoors.

