



Gardening Activities

Gardening and crafts are a great way for children to learn more about nature. Here are some examples of our favourite seeds to grow and crafts to make.

Easy to grow seeds*:

- Sweet Peas, Sunflowers
- Cress, Carrot, Potato

* Check if your neighbours have seeds to share

Resources:

- Soil
- Container /Pot
- Watering Can / Re-useable Bottle

Other Activities

Make a crown from leaves or petals

- Use a strip of cardboard to fit around your little ones head. Stick the leaves collected from your walks to the cardboard

Make a bird feeder

- Recycle a milk container - make holes at the bottom and add bird seeds and hang from a tree. You could use porridge seeds that you have at home.

Make a garden diary

- Write or draw the changes you notice each month in the garden / park / looking out your window. For example, the colours, flowers, leaves, animals.

Paint Stones

- Find large or medium sized stones. Use a pencil to draw a design on the pebble and then colour in the design using paints or permanent pens. Leave to dry. Display your pebbles at home or give them away as beautiful gifts.