



STRAWBERRY TOFU CREAMY 'YOGHURT'



SERVINGS:
8 CHILD



TIME:
10 MINS



DIFFICULTY:
EASY



COST:
££££

Ingredients:

- 180g frozen strawberries
- 1 block of tofu

Method:

1. Remove the strawberries from the freezer and allow them to thaw for about 1 hour (or overnight in the fridge)
2. Add the tofu and strawberries to a blender and blend until smooth
3. Serve with strawberry slices or your choice of fruit
4. It also makes a great dip.