



# Christmas Fudge

## Ingredients - Makes 15

- 3 cups coconut flakes (~375g)
- 1 medium banana
- Keep some of your coconut flakes to sprinkle (optional)

## Method

1. Place the coconut flakes in a blender and blitz until it reaches a butter consistency
2. Add the banana and blitz again until combined
3. Spoon the mixture into a small dish lined with parchment paper. Top with sprinkles if desired and refrigerate for 1 to 2 hours or until the fudge has hardened
4. Serve immediately or store in the fridge for up to 5 days in an airtight container.